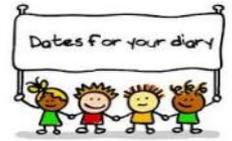




# NEWSLETTER

Issue 9

19th January 2024



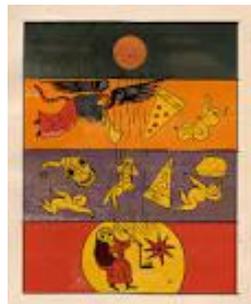
A slightly belated welcome back and a Happy New Year to you all.

School has been very busy as usual since we returned with a visiting Planetarium for Y1 and Y5, an alien spaceship crash landing near Y1, and an anti-bullying workshop for KS2. The children and staff absolutely loved the workshop, which focused on the key message of being a defender; helping a victim rather than trying to intervene. The children really took away this message, saying, "I know that if someone is being bullied, you should tell an adult and also help them"; "I enjoyed it because it was funny and we learned how to help people when they are bullied and what to do if we are being bullied"; "It was very funny and actually we learnt a lot. It was quite informal but it gave us a lot of information. It was quite good when it got serious too. I think I will remember it for a long time."



Next week, our annual Arts Week is taking place and, once again, staff have been getting very creative to prepare a fantastic experience for the children. Please pay your contribution of £2 via ParentPay before Monday. Also keep an eye on our Facebook page ([www.facebook.com/BeaversCPS](http://www.facebook.com/BeaversCPS)) which will be updated regularly throughout the week.

- January—Determination**  
W/C 22nd Arts Week  
24th YR, Y1 & Y2 Dentist  
29th Nursery Library visit  
30th Art Exhibition 3–4pm  
31st Art Exhibition 3–4pm
- February—Determination**  
2nd 10:00 Y5 Lunar New Year Parents Assembly  
W/C 5th Children's Mental Health Week  
7th KS2 Music Performance with Royal College of Music & UWL  
8th Y2 Mosque Visit  
9th Express Yourself Mufti Day—Food bank Donations  
12th Half Term
- February—Equality**  
22nd Y5 Mosque Visit  
26th Y5 Ruby Library visit  
29th Y5 Red Library visit
- March—Equality**  
4th Y5 Crimson Library visit  
7th World Book Day  
10th Start of Ramadan  
15th Talent Show  
19th Parents Evening  
21st Parents Evening  
22nd Y1 Easter Assembly  
25th Foodbank Mufti Day  
26th EYFS Easter Fayre  
28th Break up for Easter—Close at 1:30  
28th No Nursery
- April—Co-Operation**  
15th Start of the Summer Term  
19th Y4 Eid Assembly
- May—Co-Operation**  
2nd Y2 Hounslow Urban Farm



It's Arts Week next week, the theme this year is CREATION MYTHS. This is always a fun week where children learn new art skills, and develop confidence through dance and music. To kickstart the week, on Monday children are welcome to come to school dressed in anything COSMIC (stars, moon, space, etc). Check your child's Google Classroom for further details.

Attendance  
Good attendance is very important for learning!  
Attendance cup winners were:  
**Gold 100%**  
**YR Orange**  
Silver 99–98%  
98% Y5 Red, Y4 Lavender  
**Bronze 97–96%**  
**97% Y6 Ebony, Y3 Lime**  
Classes with 100% attendance earn a mufti day.

**Spring 1 value - Determination**

Never giving up, no matter what!

Deciding to do something, and then doing it.

**Article 14:** Every child has the right to think and believe what they choose and also to practise their religion.





Community News –  
Barbara Moses  
Community Liaison Officer



For arts week we are holding **a parent craft session** on 24<sup>th</sup> January, starting at 8.30am. Look forward to seeing you there

**Golden Ticket:**

**Awarded for: Good Values,  
Good Behaviour  
12<sup>th</sup> & 19<sup>th</sup> January 2024**

Amber—Nicholas, Zion	Lime—Iftiya, Skylar
Orange—Agamveer, Noah	Green—Rital, Archie
Apricot—Kaynan, Lara	Jade—Sancia, Duwa
Yellow—Arya	Lilac—Mohamed Sam
Lemon—Maddison, Thiya	Lavender—Adam, Vlayn
Primrose—Airin	Purple—Leah, Manpreet
Blue—Dalyn, Jacob	Crimson—Azaan, Prisha
Sky—Joodi, Jan	Red—Melissa, David
Indigo—Volswan, Riviana	Ruby—Arham, Sabarish



The course is being offered **free** of charge to parents/carers. Refreshments will be available during the session.

All parents are welcome to apply and places will be filled on a first come first served basis.

Each weekly session lasts two hours, and will take place in the **Community Space, Beavers School** on:

**Thursdays from 8.45am - 10.45am**

**1<sup>st</sup> February 2024: Taster (45 mins)** – shorter session for you to meet the coach and find out more about the sessions.

**8<sup>th</sup> February: Chat** (2 hours) – Help your family talk and listen to each other

**22<sup>nd</sup> February: Love** (2 hours) – Build self-esteem and independence through secure attachments

**29<sup>th</sup> February: Behave** (2 hours) – Bring calm and order to your home

**7<sup>th</sup> March: Care** (2 hours) – Looking after ourselves and our families

**14<sup>th</sup> March: Discover** (2 hours) – Support your children to learn and explore

**21<sup>st</sup> March: Together** (2 hours) – Look to the future and recapping key techniques

To **confirm** your place, please sign up using the link below:

<https://parentgym.arlo.co/courses/10-parent-gym?e=661e2e7c25464ee49c5cee70ba360d2f>

The sign-up link can also be found on our Facebook page.

Video Link about Parent Gym [https://youtu.be/\\_Ua0U2EWByg](https://youtu.be/_Ua0U2EWByg)



Congratulations to Mrs Clarke, Mrs Newman & Miss Hughes who all graduated this week. This just goes to show learning is for life!



Bigfoot Arts Education put on some fabulous anti-bullying workshops for the junior children.

Here are some of the children's comments:

- If someone is getting bullied, we should help them.
- You have the power to change
- Think about how it feels for the target
- I loved it because it told us all about being bullied and it was funny too.



Parents have enjoyed coming to the Nursery and sharing books with their children. We hope to see more parents every week!



Sunshine class have been learning about space. During their art lesson they made a gigantic space shuttle. The children thoroughly enjoyed exploring and launching the space shuttle.



The Nursery children have been practicing their knife skills and learning about vegetables, they enjoyed cutting vegetables to add to their pasta. They loved eating it!





### Immunisation Team Flu Vaccination Catch up Clinic

For Children in Hounslow Schools in years Reception to Year 11 **who have missed** their Flu nasal spray immunisation at school. If your child had the vaccine at school, they DO NOT need to have it again.

**Inactive Flu Vaccination also available (Gelatine free injection).**

#### **By appointment only**

##### Clinic Dates:

**Tuesday 23<sup>rd</sup> January 2024, 2.30pm-4.20pm**

##### Venue:

Heston Health Centre  
25 Cranford Lane  
Heston  
TW5 9ER

**Walk-in Clinic Saturday 27<sup>th</sup> January 2024, 9.00am- 12.30pm at:**

Heart Of Hounslow, 2<sup>nd</sup> Floor Outpatients  
92 Bath Road, Hounslow TW3 3EL

***Please note, this will be our last flu clinic***

To book an appointment please call Hounslow School Aged Immunisation Team on: 0203 691 1013

**All young people must be accompanied by a parent/ guardian**



## WE'RE WINTER READY

Free **flu** and **Covid-19** vaccinations are available for eligible residents in Hounslow.

By getting your vaccinations you will be protecting yourself, your family and the wider community.

Find out more at:  
[hounslow.gov.uk/get-winter-ready](https://hounslow.gov.uk/get-winter-ready)

While the NHS online booking system for Covid-19 vaccinations is now closed, our Health Outreach Team (HOT) is back out [delivering flu and Covid-19 vaccinations in the heart of the community throughout January and February](#).

There are also several walk-in sites across Hounslow still offering the Covid-19 vaccination for those who are eligible until 31 January 2024.

There is no need to book an appointment to use the walk-in service, but the NHS recommends contacting the vaccination site in advance to check opening times and avoid any risk of being turned away.

To check if you're eligible and view the full list of North-West London vaccination sites, visit the [North West London ICS website](#).

## Deal with dinner time distraction



Jodie Plows,  
BeeZee Bodies Nutritionist

### Six quick tips

to help you set boundaries around screen time — for more enjoyable meals together and happier, healthier children:

1. Agree a daily routine with your child, so they know when meals and screen time are.
2. Set timers for screen time and be sure to stick to those boundaries.
3. Give them pre-dinner warnings, like "dinner is in 10 minutes", "5 minutes" etc.
4. Build up time away from screens - start with half the meal without and increase gradually.
5. Try to make dinner engaging - make conversation, play games or do a quiz.
6. Allow movement breaks if needed, to keep them engaged with eating without a screen.



Sign up today!



Healthy Hounslow



London Borough  
of Hounslow

Want to start some healthy habits as a family in 2024?

Sign up now and our friendly team will support you.

Scan the code

or click the button to find out more

X22-2074



And much more.....

Breakfast Club Available

Passing Drills  
Dribbling Drills  
Crossing and Finishing Drills  
Penalty Shootout  
Mini tournaments



AGES  
5-12 years

From £19.00 per day including a healthy hot meal

12TH-16TH FEB 24  
From 8.00am till 3.00pm

# FOOTBALL HALF-TERM CAMP

Every day a whimsical adventure amidst the field of football.

**BOOK NOW**

www.ohmcoaching.co.uk