

We are very excited to announce Chrissie has started her training with The Dog Mentor this week. Jenny, from The Dog Mentor spent the day with Chrissie and her 4 handlers, Gabrielle, Miss Jan, Ian and Miss Coulston. Chrissie was worked very hard and has been fully assessed as being suitable for being a school dog. The children are already used to seeing Chrissie around school but much more training is being put in place. Children will be told about how to make sure they are Chrissie ready before she comes into any classes; this means floor is kept clean, children are sat at their tables with feet on the floor and hands on their desks, they are then asked to do their Chrissie breathing—a big inhale and a big exhale. She has found it a tiring week but has enjoyed spending so much time in class. Chrissie's friend, Jude also came into school this week to see how she has been getting on.

Chrissie has her own page on the school website:

<https://www.beaversprimaryschool.co.uk/page/?title=Chrissie+%2D+Our+School+Dog&pid=130>

If you would like more information about the Dog Mentor you can visit their website at; <https://www.thedogmentor.co.uk/about>

**The Dog Mentor
Affiliated School**



Issue 18

3rd February 2023



February

Spring 1—Determination
W/C 6th Assessment Week
W/C 6th Children's Mental Health Week
6th Nursery—Library visit
8th Y2 Visit to St Paul's Church
10th Break up for Half Term (normal time)
20th Back to school
Spring 2—Co-Operation
21st Parents Book Look
22nd Parents Book Look
23rd Parents Book Look
March
Spring 2—Co-Operation
1st Parents Evening
2nd Parents Evening
3rd World Book Day
W/C 6th Y1 Trips to local church
17th Rec & Y1 Ark Farm in school
W/C 20th Arts Week
26th Daylight Saving Time
30th Easter Mufti
31st Break for Easter—Close at 1:30
31st No Nursery
April
Summer 1 Equality
17th Start of the Summer Term

Attendance Ladder



Attendance

Good attendance is very important for learning!
Attendance cup winners were:

Jade 98%

Lilac 96%

Onyx 96%

Blue 95%

Yellow 95%

Classes with 100% attendance earn a multi-day.

Spring 1's value is Determination

UNICEF Article 42 – (knowledge of rights) Governments must actively work to make sure children and adults know about the Convention.



Parent & Community Partnership



The coffee morning on Wednesday 8th February is around internet safety and Children's Mental Health Week. In the Junior Dining Hall from 8.30 am.

The theme for Children's Mental health week 2023 - 6th to 12th February is:



Let's Connect is about making meaningful connections. People thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing.

KS2 Pupil Governors connecting to family, friends, BMX riding and more



Community News —

Barbara Moses

Community Liaison Officer



Golden Ticket:

Awarded for: Good Values,
Good Behaviour
WB 30th January 2023

Apricot—Billy	Green—Elsie-May
Orange—Samara	Lime—Alice
Amber—Teddy	Jade—Eugene
Primrose—Logan	Purple—David
Yellow—Noriyah	Lilac—Sumayya
Lemon—Aarav	Lavender—Irvin
Blue—Manroze	Crimson—Abner
Sky—Rital	Red—Chris
Indigo—Isabella	

Year 6 Golden Restaurant

Silver—Tiago	Onyx—Aleena
Jet—Janu	Ebony—Harnek



Thank you for all the hygiene items brought in today, which will go to St Paul's Foodbank and the Olive Branch Charity.



The children of Sunshine Class enjoyed making a strawberry smoothie. All the children took turns in adding the ingredients to the blender. Cristian and Rylan were brave and tasted our creation.



The magical Place

The ground was shaking and then since we all woke up to a magical place it was like a stair way to heaven the ground was split, there were stairs. Lots of stairs. I took a stair to my house and got some give and went outside. I thought to give the ground together but it did not work. I never gave up, I kept but it was not worth it. I saw a little girl my age, I asked her what is her name she said she does not know. I met her the Magical Girl and kissed her good luck.

The Unknown end

During English class this week, Ife from Y3 Lime did this lovely piece of creative writing.



In the news this week

Brazil's new president has said he aims to reduce deforestation and help protect the Amazon rainforest. In his first speech, Luiz Inácio da Silva (also known as Lula), promised to make climate protection a priority and explained he wanted to reach zero deforestation in the Amazon. Scientists often call the rainforest the 'lungs of the planet', because of the role it plays in absorbing carbon dioxide and producing oxygen, saying that preservation of the Amazon is vital to stopping climate change.

Things to talk about at home ...

- > Share what you know about the Amazon rainforest with others at home and talk with others about what they know.
- > Do you believe enough is being done to protect the Amazon rainforest? Do you think the natural habitats close to where you live are protected?
- > Whose responsibility do you consider it is to protect natural habitats?



Does the natural world have rights?

Please note any interesting thoughts or comments

TIPS FOR PARENTS AND CARERS

Dear parents and carers,

6 - 12 February 2023 is Children's Mental Health Week. The week is run by children's mental health charity Place2Be to raise awareness of the importance of children and young people's mental health. This year's theme is Let's Connect.

WHAT'S IT ALL ABOUT?

Let's Connect is about making meaningful connections, and for Children's Mental Health Week 2023, Place2Be is encouraging people to connect with others in healthy, rewarding and meaningful ways.

As parents and carers, you are an important role model to your child. How you connect with friends and family will influence your child, and how they develop their own friendships and relationships. For example, how you greet people and maintain friendships, but also how you forgive people or say sorry when you need to.

WHAT CAN YOU DO?

Here are a few simple ways you can connect with your child and help them to make meaningful connections.

1. Connect with your child in everyday ways

Moments of connection (and re-connection) are really important in child-caregiver relationships. For example, when you pick them up from school, or come in from work, try to give them your full attention and see if this helps you feel better connected as you hug, talk, smile and hear about their day. Watching your child play and joining in is really important to them – so put your phone away and have a bit of fun – being playful is good for adults, too!

With your older child, you may find times such as car journeys a good time to talk, or to re-connect by playing music you both like. It is important to be accessible to a teenager when they need to talk. You may have to be there 'on their terms' and be ready to listen.

2. Talk to your child about important connections

This could include talking about family members, friends, neighbours, childminders, people in the local community and others in your faith group (if you have one). Remember it's ok to talk about people they miss, for example, family members who live in a different country or people who have died.

Children learn a lot from their parents about how to express their feelings, including the joy that comes with feeling connected to others and the sadness that comes with missing others.

3. Talk to your child about their friends

As children become teenagers, their friendship groups become increasingly important to them. Be open to hearing about their friendships and try to listen without judgement.

Ask them about their life in real life and online. You may not think online friends are 'real friends', but your child may feel differently. Losing friends, feeling left out or being bullied is very painful and your child needs to know you will support them through these difficult times.

4. Connect by taking an interest in your child's world

As adults we can sometimes be dismissive of the things that our children and teenagers are interested in, e.g. their music, fashion, what they watch etc. If you do take an interest in these things, however, you may feel better connected to your child and the important things in their world. This can lead to other conversations about other things in their lives that matter to them.

5. Find time to connect as a family

Family life can become busy and stressful, so it's important to find some time where you connect together. This could include simple things like cooking, watching a film, playing a game, going to the park or even doing the family shop together.

6. Try to resolve conflict and re-connect after arguments

Arguments and moments of disconnection are bound to happen in families - between your children, between yourself and your children and between yourself and your partner, if you have one. It is important that children learn how to disagree in appropriate ways, how to say sorry and how to make amends when they have done something wrong. They will learn a lot about how to do these things from you - so try to model the behaviour you want to see in your children. Talk to them about how to re-connect with friends after arguments including what they can do to help repair relationships.

Let your child know that if they are worried about something, they should always talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website: place2be.org.uk/help

Looking for free practical advice to help you support your child?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. parentingsmart.org.uk

Video activities from Place2Be

Puzzle Pieces – aimed at 4-7 year olds, this activity is presented by CBBC's Art Ninja, Ricky Martin, and will show children how we are all connected. Why not take part as a family? childrensmentalhealthweek.org.uk/puzzlepieces

Connecting Paperchains – developed by Place2Be's Art Room team for 7-11 year olds, this activity helps children think about the people, things and activities they feel connected to. childrensmentalhealthweek.org.uk/paperchains

Exchanging Postcards – developed by Place2Be's Art Room team for 11-14 year olds, this activity encourages young people to explore what connection means to them. childrensmentalhealthweek.org.uk/postcards



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