

Week one

Monday

29/10 19/11 10/12 31/12 21/01 11/02 04/03 25/03

Choose a main meal...
 Macaroni & Cheese v (M) (H)
 Mild Potato & Chickpea Curry v (V)
 Jacket Potato & Baked Beans v (A)

on the side...
 Sweetcorn
 Mixed Green Salad

for dessert...
 Flapjack with Fruit Slices

Tuesday

Choose a main meal...
 Chicken Mayo Burger with Jacket Wedges (M) (H)
 Creamy Broccoli & Sweetcorn Pasta ** v (V)
 Jacket Potato Cheese & Beans v (A)

on the side...
 Green Beans
 Carrots

for dessert...
 Pear & Ginger Crumble with Custard **

Wednesday

Choose a main meal...
 Roast Turkey with Roast Potatoes & Gravy (M) (H)
 Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy v (V)
 Tuna OR Cheese Roll (A)

on the side...
 Roasted Vegetables
 Cauliflower

for dessert...
 Chocolate Ice Cream

Thursday

Choose a main meal...
 Lamb Pasta Bolognese (H) (M)
 Cheese & Veg Crumble, New Potatoes v (V)
 Mozzarella & Tomato Pizza & Pasta Salad v (A)

on the side...
 Carrots
 Broccoli

for dessert...
 Brownie Cake

Friday

Choose a main meal...
 Crispy Fish & Chips (M) (H)
 Quorn Dippers with Chips v (V)
 Dhal And Rice ** v (A)

on the side...
 Baked Beans
 Crunchy Coleslaw

for dessert...
 Cheese And Cracker

Week two

05/11 26/11 17/12 07/01 28/01 18/02 11/03 01/04

Choose a main meal...
 Mozzarella & Tomato Pizza v (M) (H)
 Vegetable Biryani v (V)
 Jacket Potato & Cheese & Beans v (A)

on the side...
 Green Salad
 Sweetcorn

for dessert...
 Vanilla Ice Cream

Choose a main meal...
 BBQ Chicken & Rice** (H) (M)
 Vegetarian Sausage with Cheesy Mash v (V)
 Quorn Pasta Bolognese ** v (A)

on the side...
 Baked Beans
 Roasted Vegetables

for dessert...
 St Clements Sponge Cake

Choose a main meal...
 Roast Turkey with Roast Potatoes & Gravy (M) (H)
 Cauliflower & Broccoli Cheese Bake with Roast Potatoes & Gravy v (V)
 Cheese Sandwich (A)

on the side...
 Roast Parsnip
 Carrots

for dessert...
 Oatie Biscuit with Fruit Slices

Choose a main meal...
 Chicken & Tomato Lasagne with a Garlic & Herb Bread Wedge (M) (H)
 Vegetarian Tagine with Rice ** v (V)
 Jacket Potato & Baked Beans & Cheese v (A)

on the side...
 Green Beans
 Cauliflower

for dessert...
 Apple & Berry Crumble with Custard

Choose a main meal...
 Golden Fish Fingers & Chips (M) (H)
 Mediterranean Tart & Chips v (V)
 Chickpea and Vegetable Curry & Rice ** v (A)

on the side...
 Baked Beans
 Peas

for dessert...
 Banana & Apricot Flapjack

Week three

12/11 03/12 24/12 14/01 04/02 25/02 18/03

Choose a main meal...
 Mozzarella & Tomato Pizza with Jacket Wedges v (M) (H)
 Mild Yellow Vegetable Curry & Rice v (V)
 Jacket Potato & Cheese & Beans (A)

on the side...
 Baked Beans
 Green salad

for dessert...
 Strawberry Ice Cream

Choose a main meal...
 Chicken & Broccoli Pie with New Potatoes (M) (H)
 Creamy Tomato & Basil Pasta v (V)
 Jacket Potato & Tuna & Sweetcorn (A)

on the side...
 Carrots
 Green Beans

for dessert...
 Raspberry Ripple Cake

Choose a main meal...
 Roast Chicken with Roast Potatoes & Gravy (H) (M)
 Quorn Roast With Roast Potatoes & Gravy v (V)
 Cheese Sandwich v (A)

on the side...
 Seasonal Cabbage
 Carrot & Swede Mash

for dessert...
 Peach Slice

Choose a main meal...
 Lamb Macaroni Bake with Garlic & Herb Bread Wedge (M) (H)
 Vegetable Korma with Rice ** v (V)
 Quorn Ball And Tomato Sub v (A)

on the side...
 Broccoli
 Sweetcorn

for dessert...
 Shortbread Fingers with Fruit Slices

Choose a main meal...
 Cajun Salmon Wrap & Chips & Ketchup (M) (H)
 Quorn Sausage & Tomato Pasta Bake v (V)
 Vegetarian Hotdogs with Ketchup & Chips v (A)

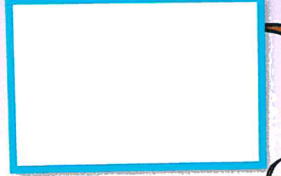
on the side...
 Crunchy Coleslaw
 Peas

for dessert...
 Pineapple Upside Down Cake with Custard

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

M=Main, H=Halal, V=Vegetarian, A=Alternative, v=Suitable for vegetarians
 Beavers Community School
 If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL our bananas are FAIRTRADE